

St Martin-in-the-Fields High School for Girls and Sixth Form (co-ed)

11-19 Church of England Academy Founded 1699



Friday 23rd September 2016

For I was hungry and you gave me something to eat. I was thirsty and you gave me something to drink, I was a stranger and you invited me in. Matthew 25:35

Dear Families

We are having our Harvest Service in school on Friday 30th September 2016. This year, we are planning that the much needed items of food and toiletries that we collect be donated to The Gaia Centre, Lambeth.

The Centre supports women and girls aged 13 and over, and men aged 16 or over affected by gender based violence who seek refuge. I have included a link to their website where you can find out more about this valuable service they provide. <http://www.refuge.org.uk/what-we-do/our-services/gaia-centre-lambeth/>

A representative from The Gaia Centre will be speaking to the students at our Harvest Service and it will be an opportunity for them to hear how vulnerable people in our local community are supported.

I hope that your daughter can bring to school, on Friday, at least one item from the list below to support this very worthy cause.

Thank you for your continued support.

Yours sincerely

Beverley Stanislaus
Headteacher

FOOD ITEMS	NON FOOD ITEMS
Milk (UHT)	Toilet rolls
Sugar	Shampoo
Instant Coffee	Shower gel
Tea bags	Toothpaste
Rice pudding, tinned	Body lotion, soap
Instant puddings	
Instant or long-life custard	
Tinned tomatoes	
Instant/tinned potatoes	
Tinned vegetables	
Tinned fish	
Tinned meat	
Tinned meals	
Pasta	
Pasta sauces in jars	
Rice	
Breakfast cereals	