



St Martin-in-the-Fields High School for Girls

11-19 Church of England Academy Founded 1699

Service Compassion Justice Perseverance

Wednesday 27 June 2019

Dear Families

As you will be aware, according to the weather forecast, we are expecting high temperatures for the rest of this week and into next week. We all really enjoy the summer when we are able to be outside in the warm sunshine, particularly for students, no more coats and jumpers! However, we are mindful that students remain safe in the sun, and I am writing to outline what we will be doing in school to ensure they are well protected from the heat whilst at school.

Before the school day

Please ensure you encourage your daughter to:

- apply sunscreen before she comes to school, and to bring this with her in order to re-apply when it is necessary
- bring a bottle of water to school which can be refilled during the day when needed
- bring and wear a hat, sunglasses and use an umbrella for protection against the sun.

During the school day

We will:

- have cups of water available in classrooms when the weather is extremely hot.
- encourage students to stay in the shade during Rec and at Lunchtime, and will allow them to be in designated parts of the building
- encourage students to drink water at regular intervals to avoid dehydration
- provide outdoor parasols at the picnic benches
- relax our dress code. In excessive heat, students will have permission to remove their jumper and blazer. However, we expect students to look presentable and have their blouse tucked into their skirt.

There are a number of water fountains in school where students can fill their water bottles at Rec and at Lunchtime. This must be done before the bell rings at 10:45 and 1:25. There is plenty of time to do this and students will not be permitted to leave during a lesson to get water and to make frequent trips to the toilet unless there is a medical reason. Contrary to what some students may say about the toilets being locked during lesson time, we will always allow a student to use the toilet, but expect them to use this facility when they have breaks and not immediately after.

The hot weather is no excuse for students to disregard our expectations, they are expected to continue to behave calmly and sensibly inside and outside the building, and when travelling to and from school.

Please visit <https://www.nhs.uk/live-well/healthy-body/heatwave-how-to-cope-in-hot-weather/> to Find more information on staying safe in the sun. Additional information can also be found on the news page on our website. Should you have any further questions, please contact the school.

Thank you for your continued support and we hope you safely enjoy this glorious weather.

Yours sincerely

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Headteacher

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WITH LOVE AND LEARNING

