



St Martin-in-the-Fields High School for Girls

11-19 Church of England Academy Founded 1699

Hopeful Enquiring Respectful Organised Independent Collaborative

20th October 2022

Dear St Martin's families,

You may be aware of rising concerns in the media on young people's well-being and mental health. As part of our school's action around mental health we are delivering workshops that link up young people with digital health services and routes to online counselling should they decide they need this.

We will be using an interactive show called **On The Level** to help equip pupils to manage their mental health and improve their well-being. They will learn about the online support service www.Kooth.com as part of this learning experience.

On The Level is an interactive online TV show, presented by young people for young people. Pupils interact with the events via their digital devices. Access is free using widely available apps and platforms. All content and data shared during these sessions is secure and confidential.

To give you a sense of how On The Level works, here's a link to the Pilot video:
<https://youtu.be/fY6ewXcjqU>

On The Level is produced by REPRESENT - an award-winning youth development organisation and media platform, helping young people realise their full personal potential through core social, emotional and communication skills. REPRESENT run training and development programmes and champion youth culture through a London-wide radio station, REPRESENT 107.3FM.

Since 2017, REPRESENT has delivered Mental Health education and support to schools across Gloucestershire, Essex and London. On The Level is presented by young people who have trained with REPRESENT.

The easiest method but not essential for your child to participate is with a smart mobile phone. Alternatively, if your child does not have a mobile phone they can use a school tablet, laptop or Chromebook.

The method of interaction is through Slido. Slido is hosted on AWS (Amazon Web Services) infrastructure. Their infrastructure is located in the EU (Ireland, Germany). Represent has a paid account with Slido and the participant settings are set to "always anonymous" to ensure no personal data is collected. Any individual student can opt out of the Slido interactive element of On The Level should they choose.

We will be showing On The Level on **Wednesday 2nd November 2022** at 2pm.

Jim Funnell

<https://onthelevel.represent.org.uk/>

School Support

Represent.org.uk

Headteacher Ms J Okokon BA (Hons) PGCE MA

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St Martin-in-the-Fields High School for Girls is a company limited by guarantee registered in England and Wales

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WITH LOVE AND LEARNING

