



St Martin-in-the-Fields High School for Girls

11-19 Church of England Academy Founded 1699

Service Compassion Justice Perseverance

Monday 14 June 2021

Dear Families

Welcome back to a new week.

The weather has been glorious, however, during the high temperatures it is important to take precautions. As you will be aware, according to the weather forecast, we are expecting high temperatures to continue, with perhaps a short break mid week with some storms.

We all really enjoy the summer when we are able to be outside in the warm sunshine, particularly for students, no more coats and jumpers! However, we are mindful that students remain safe in the sun, and I am writing to outline what we will be doing in school to ensure they are well protected from the heat whilst at school.

Before the school day

Please ensure you encourage your child to:

- apply sunscreen before they come to school, and to bring this with them in order to re-apply when it is necessary
- bring a bottle of water to school which can be refilled during the day when needed
- bring and wear a hat, sunglasses and use an umbrella for protection against the sun.

During the school day

We will:

- encourage students to stay in the shade during Rec and at Lunchtime, and will allow them to be in designated parts of the building
- encourage students to drink water at regular intervals to avoid dehydration
- provide outdoor parasols at the picnic benches (we have ordered some more)
- relax our dress code. In excessive heat, students will have permission to remove their jumper and blazer. However, we expect students to look presentable and have their blouse tucked into their skirt.
- there are a number of outdoor sinks where students can fill their water bottle

The hot weather is no excuse for students to disregard our expectations, they are expected to continue to behave calmly and sensibly inside and outside the building, and when travelling to and from school.

Please visit <https://www.nhs.uk/live-well/healthy-body/heatwave-how-to-cope-in-hot-weather/> to Find more information on staying safe in the sun. Additional information can also be found on the news page on our website. Should you have any further questions, please contact the school.

Thank you for your continued support and we hope you safely enjoy this glorious weather.

Yours sincerely

Beverley Stanislaus
Headteacher

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WITH LOVE AND LEARNING

